



Jai Bhavaghni!

Jai Sachidanand!!

**With the blessings of Samardha Sadguru
Shri Bhavaghni Guruji**

This small booklet is brought out to highlight the relevance of Srimad Bhagavad Gita to every human being to overcome misery and to reach the ultimate goal. We firmly believe that those who read, understand and practice the principles enshrined in Srimad Bhagavad Gita with utmost devotion and faith, will be blessed by the Almighty with health, wealth, peace and prosperity.

Yours sincerely,

Members of Bhavaghni

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522020

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Srimad Bhagavad Gita Vaibhavam

(The Glory of Gita)

Man is the victim of his own evil deeds, which quite often plunge him in misery. This misery drives him to dwell in the seemingly endless cycles of birth and death. And this is called *samsaara* (the virulent flow). The Great Sage Vyasa who like so many of his predecessor Great Seers of the Upanishad, experienced the ultimate reality, the eternal state of bliss in which there is no misery and death. He became compassionate for the suffering fellowmen trapped in seemingly endless cycles birth and death, decided to help them out. He classified and split Veda, the eternal knowledge into four sacred texts and taught them each to a disciple who in turn conveyed them to the successive generations down the line. He extracted the ultimate lessons from Upanishads for the contemplative in the form of aphorisms called Brahmasutras. Further he reduced the essence of Upanishads into Srimad Bhagavad Gita, an eloquent versed most comprehensive and concise text of highest knowledge for the benefit of all human beings. He wrote a marvelous epic called Mahabharatha for packing this highest knowledge for safe conveyance to succeeding generations down the ages. He chose to put it in the form of conversation between two great heroes of yore in the context of a great war so that it appears like part of the story in order to interest common man to probe it.

Srimad Bhagavad Gita is indeed meant to induce man to contemplate, understand the mercurial nature of everything around in the universe and to get convinced of the futility of attachment with anything that changes from time to time.

It helps man to understand the underlying reality that is changeless hidden in all these changing things and to reorient his life's goals and ambitions towards it. After all everybody's quest in this world is always happiness. But most often he assumes it comes from somewhere and something/someone else and tries for it getting entrapped in misery. The very purpose of human life is to liberate from the shackles of attachment associated with misery and to ascend to the state of eternal peace and fullness. Srimad Bhagavad Gita is to help man attain it.

There are many holy books in this world, but Srimad Bhagavad Gita stands out unparalleled. It is incomparable. Srimad Bhagavad Gita is the epitome of all sacred texts.

According to Maharshi Vyasa, Bhagavad Gita emanates directly from the Lord, the creator of all and sundry as Gita slokas are prefixed with Bhagavan uvacha meaning "The Lord says". If one studies Gita, there is no need for any other text since Gita talks of that knowledge, learning which there is nothing else is left for learning.

***“Andugaladu indu ledanu Sandehamu valadu
Endendu vediki chusina andande kaladu”***

*‘God is in that’ and ‘He is not in this’ kind of doubts are unnecessary.
For sure, he can be found in everything if only you search properly.*

But God manifested in Bhagavad Gita alone, directly preaches us to understand what to do and what not to do to lead our lives happily and peacefully in all the events and circumstances.

The lord presented us the nectar of knowledge in the form of Srimad Bhagavad Gita. It shows us the way to lead our lives filled with peace and happiness, it provides the ultimate wisdom to fulfill the purpose of human life, blesses us with that knowledge to forbid our ignorance. It provides the ultimate knowledge to end the contemplation.

***“Gitashrayoham thishtaami Gitame chottamam Gruham
Gita jnana mupasrithya threen lokaan palayamyaham”***

I am firmly established in Gita. Gita is my best dwelling place. I rule the three worlds according to the principles ordained in Gita.

Most people in this world perform various *rituals such as* worship several gods, goddesses, visit various temples, go on pilgrimages and bathe in the holy rivers to get rid of their sins, to overcome obstacles in fulfillment of their desires. But the great Seers (Maharishis) and the Self Realized Masters (Mahatmas) have all said that adoring Srimad Bhagavad Gita, (holding its principles in high esteem) and studying the slokas of Srimad Bhagavad Gita will redeem us from all our sins.

***“gitayah pustakam yatra yatra patah pravartate
tatra sarvani tirthani prayagadeeni tatra vai”***

***“sarve devascha rushayo yoginah pannagascha ye
gopala gopika vapi naradoddhava parshadaih”***

“sahayo jayate sigham yatra gita pravartate”

The places where Srimad Bhagavad Gita is worshiped, chanted and practiced, become as holy as the pilgrim places such as prayaga and the holy rivers. All the gods, goddesses, maharshis, yogis, and the protectors of the right shall always be available to render ready help (Sigham) to such people involved to succeed in all their endeavors

***“maha papadi papani gita dhyanam karothe chet
kvacit sparsam na kurvanti nalini dalam ambhasa”***

Like the lotus leaf not getting wet in spite of being always in waters, those whosoever meditates on (contemplates the import of) Srimad Bhagavad Gita shall not be touched by sins.

"Gita me Hridayam Partha !" - Gita is my heart, says the paramathma!

Srimad Bhagavad Gita is not just a text, it has to be seen as the manifestation of Paramathma and the manifestation of all the Devatas.

"Gita me chothamam gruham" - Gita is my best dwelling place, says the paramathma.

“Vidyanam adhyatma vidyoham”

"Gita me parama vidya brahma rupa na samshayah"

Among all the studies I am the study of the self. Study of Gita is learning my eternal state and therefore is undoubtedly the biggest.

There is no doubt that **Srimad Bhagavad Gita is the manifestation of the paramathma himself.**

Srimad Bhagavad Gita as a God in our homes preaches us wisdom and helps us understand what is good and what is bad. It banishes our ignorance and blesses with health, wealth, peace and prosperity.

"adhyeshyate cha ya imam dharmyam samvada mavayoho!

“jnana yagnena tenaham ishta syamiti me matih!! “ Ch18-v70

One who studies with the utmost faith and reverence the principles ordained in the conversation form in Srimad Bhagavad Gita is deemed to be worshipping the Lord with performance of Jnana Yajna and attracts The Lord's favour.

"sreyan dravya-mayad yajnat jnana-yajnah parantapa" ch4-v33

For those who endeavor the ultimate, performing jnana yajna is better than all other kinds of yajnas performed with expendable materials.

Gita Aradhana and chanting the slokas of Srimad Bhagavad Gita is superior to any kind of *pooja* or *yajna* one performs, hence those who perform this Gita Aradhana with utmost faith will be blessed with all good things and events in their life.

The lord himself is present in the form of Srimad Bhagavad Gita. With this faith, when we worship Srimad Bhagavad Gita, chant the slokas of Gita and practice the principles of Srimad Bhagavad Gita, it equals worshipping all gods, goddesses, maharshis, mahatmas, yogis and the holy rivers all put together at the same time.

With utmost devotion, we should worship Srimad Bhagavad Gita.

With utmost devotion we should chant Srimad Bhagavad Gita.

With utmost devotion, we should practice the principles of Srimad Bhagavad Gita.

With utmost devotion, we should celebrate Gita Jayanthi.

With utmost devotion, we should pass this tradition to our future generations.

There are not enough words to describe the glory of Srimad Bhagavad Gita. Anyone can experience all the greatness offered by the knowledge and wisdom of Srimad Bhagavad Gita. This is the ultimate truth.

If we worship Srimad Bhagavad Gita (hold it in highest esteem) by performing Gita Aradhana (paying obeisance to its words), Chant (study) the slokas and practice the principles of Srimad Bhagavad Gita, we can experience the lone indweller of everything, called *Paramathma* within us guiding us every moment.

Paramathma Prayer

There are so many prayers for so many different gods and goddess however paramathma himself has blessed us with a universal prayer in Srimad Bhagavad Gita “viswa roopa sandharshana yogam”. This prayer is one universal prayer when recited is equal to offering obeisance to all gods and goddesses.

*Twamadi devah purushah puranah Twamasya vishwasya param
nidhanam!*

*Vettaasi vedyam cha param cha dhaama twayaa tatam
vishwamanantaroopa !!*

*Vaayuryamo agnirvarunah shashaankah Prajaapatistwam
prapitaamahashcha!*

*Namo namastestu sahasrakrutwah Punashcha bhooyopi namo
namaste !! (Ch11,V38,39)*

*Primary Lord! Eternal Reality! And the subtle refuge of the universe!
Omniscient! Solitary light! And the abiding truth of the cosmos!!*

*Wind! Sovereign! Fire! Water! Moon! And the creator of people! In as
much as my forebears! My salutations to thee my father!*

Thousands of times over and over again my salutations to thee!!

Offering this prayer everyday will invoke the blessing of all gods
and goddess and will bring health, wealth, peace and prosperity.

Srimad Bhagavad Gita Aradhana

Srimad Bhagavad Gita is placed in front of us as a manifestation of
the paramathma himself, with sincere devotion and faith let us perform
Gita Aradhana.

Puja items required for performing Aradhana:-

Srimad Bhagavad Gita book, lamps/diyas, oil, wick, matchbox,
incense sticks, camphor, a plate to light camphor in it, vyasa peetam or a
plank to place Srimad Bhagavad Gita on it, Yellow cloth to spread on the
plank/Vyasa Peetam, 108 flowers to perform Aradhana. If flowers are not
available, just presume to place a flower in your mind that thought is
enough to get paramathma's blessings

Procedure for performing Aradhana :-

With utter devotion and faith that Srimad Bhagavad Gita is the manifestation of *Paramathma*, one must place Srimad Bhagavad Gita book on Vyasa Peetam.

Guru Prardhana..(praying the Guru).

Om Sri Gurubhyo Namah!

“Guru brahmaa gurur vishnuh gurur devo maheshvaraha !

Guru sakshaat para brahma tasmai shri gurave namaha!!”

Pray with utmost reverence and folded hands.

Lighting the Lamp/Diya :-

While lighting the lamp, we should remind ourselves that *paramathma* who manifests in Srimad Bhagavad Gita is the supreme light, which guides us in the path of knowledge and wisdom.

“Jyotishaamapi tajyotih tamasah paramuchyate!

Jnaanam jneyam jnaana gamyam hrudi sarvasya vishthitam!!”

Ch13-V17

Om TatSat Harih Om TatSat

The Paramathma is the supreme light, that lightens everything. He illuminates the Sun, the Moon, the Stars and the Universe. Being inside our bodies, he illuminates our intellect, mind and senses. He is the knowledge, knowable and the ultimate purpose of knowledge and is firmly established in the heart of everything.

Sri Bhagavan uvacha :-

Gitame hridayam partha Gitame saaramuthamam!

Gitame jñāana mathyugram Gitame jñāana mavyayam!!

Gitame chothamam sthaanam Gitame paramam padam!

Gitame paramam guhyam Gitame paramo guruh!!

Gitasrayoham thishtami Gitame chothamam gruham!

Gita jñāana mupaasrithya threen lokaan paalayaamyaham!!

Maha papadi papani Gita dhyanam karothei chet!

kvacit sparsam na kurvanti nalini dalamambhasa!!

Taapathrayodhbhava peedaa Naiva vyadhirbhava tkvachith!

Na saapo naiva paapam cha Durgathir narakam na cha!!

Abhichaarodhbhavam dukham varasaapaagatham chayath!

Nopa sarpanthi tathraiva Yatra gitaarchanam grihe!!

Gitayah pustakam yatra yatra patah pravartathe!

tatra sarvani tirthani prayagadeeni tatra vai!!

sarve devascha rushayo yoginah pannagaschaye!

gopala gopika vapi naradoddhava parsadaih!

sahayo jayate sghram yatra Gita pravartate!!

Bhagavad Gita Dhyanam

Offer your salutations to Srimad Bhagavad Gita, the manifestation of *paramathma* himself

***Om Parthaya prathi boditham bhagawathaa narayanena swayam
Vyasaena gradhitham purana muninaa madhye Mahabaratham!***

***Advaithamrutha varshineem bhagawtheem ashta dashadhyayineem
Amba thwaa manusandadhami bhagawad geethe bhavadweshineem!!***

Ashtottara Shatanamavali

With the feeling that we are offering our prayers to the *paramathma*, who exists in the form of Srimad Bhagavad Gita, recite each line and offer a flower to Srimad Bhagavad Gita. (if flowers are not available, just presume to place a flower in your mind, that thought is enough to get *paramathma*'s blessings)

1. *Om Srimadbhagavadgita maathre namaha!*
2. *Om paramaathma swaroopinyai namaha!*
3. *Om sadguru swaroopinyai namaha!*
4. *Om sachidananda swaroopinyai namaha!*
5. *Om sanaatanadharma swaroopinyai namaha!*
6. *Om sakaladevathaa swaroopinyai namaha!*
7. *Om sakalashastra swaroopinyai namaha!*
8. *Om sakalateertha swaroopinyai namaha!*
9. *Om santhi swaroopinyai namaha!*
10. *Om shakthi swaroopinyai namaha!*
11. *Om saadhu swaroopinyai namaha!*
12. *Om advaita swaroopinyai namaha!*
13. *Om veda swaroopinyai namaha!*
14. *Om parama dharma swaroopinyai namaha!*
15. *Om mangala swaroopinyai namaha!*
16. *Om amrutha swaroopinyai namaha!*
17. *Om anantha jnaana swaroopinyai namaha!*
18. *Om sarvopanishad saara roopinyai namaha!*

19. *Om tatva prabodhinyai namaha!*
20. *Om Sadhugamyaayai namaha!*
21. *Om parama pavitrayai namaha!*
22. *Om mahaa mahimaanvithayai namaha!*
23. *Om Vyaasa sangradhithayai namaha!*
24. *Om ashtaa dasaadhyayai namaha!*
25. *Om Brahma Vishnu Sivaathmikaayai namaha!*
26. *Om moksha pradaayai namaha!*
27. *Om dhyaana pradaayai namaha!*
28. *Om divya sakthi pradaayai namaha!*
29. *Om daiva sampath pradaayai namaha!*
30. *Om karma yoga pradaayai namaha!*
31. *Om bhakthi jnana vairagya pradaayai namaha!*
32. *Om vijaya pradaayai namaha!*
33. *Om sadguna pradaayai namaha!*
34. *Om abhaya pradaayai namaha!*
35. *Om nityaananda pradaayai namaha!*
36. *Om parama shanthi pradaayai namaha!*
37. *Om prema pradaayai namaha!*
38. *Om sakala subha pradaayai namaha!*
39. *Om sadaachaara pradaayai namaha!*
40. *Om aatmaanubhoothi pradaayai namaha!*
41. *Om Sankhyabudhi pradaayai namaha!*
42. *Om sanaatanadharma pradaayai namaha!*
43. *Om punya pradaayai namaha!*
44. *Om sarva kaama phala pradaayai namaha!*
45. *Om sarva mangala pradaayai namaha!*
46. *Om amrutha pradaayai namaha!*
47. *Om smruthi pradaayai namaha!*
48. *Om siddhi pradaayai namaha!*
49. *Om paraabhakthi pradaayai namaha*
50. *Om parama jnaana pradaayai namaha!*

51. *Om yogakshema pradaayai namaha!*
52. *Om kshetrakshetrajna jnaana pradaayai namaha!*
53. *Om gunaatheetha sthithi pradaayai namaha!*
54. *Om paramasukha pradaayai namaha!*
55. *Om samabhaava pradaayai namaha!*
56. *Om sarvabhootha hitaayai namaha!*
57. *Om karthavya bodhinyai namaha!*
58. *Om sanmaarga darsinyai namaha!*
59. *Om lokoddharinyai namaha!*
60. *Om loka kalyaana kaarinyai namaha!*
61. *Om krupaa kataakshinyai namaha!*
62. *Om kaarunyaayai namaha!*
63. *Om aksharaayai namaha!*
64. *Om dukha haarinyai namaha!*
65. *Om agnaana dhvamsinyai namaha!*
66. *Om bhava bhaya naashinyai namaha!*
67. *Om trithaapa haarinyai namaha!*
68. *Om sakala dosha nivaarinyai namaha!*
69. *Om sakala paapa haarinyai namaha!*
70. *Om asura bhava dhvamsinyai namaha!*
71. *Om durguna naashinyai namaha!*
72. *Om sankata haarinyai namaha!*
73. *Om shoka vinaashinyai namaha!*
74. *Om karma dhvamsinyai namaha!*
75. *Om daaridrya dhvamsinyai namaha!*
76. *Om saadhu priyaayai namaha!*
77. *Om poornaayai namaha!*
78. *Om bhavyaayai namaha!*
79. *Om vimalaayai namaha!*
80. *Om nithyaayai namaha!*
81. *Om nishkalaayai namaha!*
82. *Om nirmalaayai namaha!*

83. *Om niranjanaayai namaha!*
84. *Om samastha jagadaa dhaarayai namaha!*
85. *Om samasthajana santhoshinyai namaha!*
86. *Om samsaara dukha shamanaayai namaha!*
87. *Om triloka maathre namaha!*
88. *Om paramaathma hridayaayai namaha!*
89. *Om gitaayai namaha!*
90. *Om gangaayai namaha!*
91. *Om gaayatryai namaha!*
92. *Om sitaayai namaha!*
93. *Om satyaayai namaha!*
94. *Om saraswathyai namaha!*
95. *Om brahmavidyaayai namaha!*
96. *Om brahmavallyai namaha!*
97. *Om trisandhyaayai namaha!*
98. *Om mukthi gehinyai namaha!*
99. *Om ardha maatraayai namaha!*
100. *Om chidaanandaayai namaha!*
101. *Om bhavaghnyai namaha!*
102. *Om branthi naashinyai namaha!*
103. *Om vedathraayai namaha!*
104. *Om paraayai namaha!*
105. *Om ananthaayai namaha!*
106. *Om tatwaardha jnaana manjaryai namaha!*
107. *Om Sri krishnaayai namaha!*
108. *Om Srimadbhagavadgita maathre namaha!*

With utmost faith and sincere devotion, offer Aarthi (*camphor fire*) to Srimad Bhagavad Gita.

Srimad Bhagavad Gita Aradhana can be performed on all occasions, auspicious days and especially during Gita Jayanthi festival. Those who want to perform daily can also do so. After Gita Aradhana

one should read/recite Srimad Bhagavad Gita. One should read as many slokas as possible and understand its meaning. For those who can't read many slokas they can recite the slokas uttered by Bhagavan himself the verses 51,52 and 53 from chapter 18. These slokas contain the whole essence of Srimad Bhagavad Gita. It's said that if one recites these three slokas and understand its meaning, its equivalent to reciting the entire Bhagavad Gita. So, everyone should at least recite these three slokas to receive the blessings of Paramathma.

Sankshiptha Gita

Buddhya viśhuddhayāa yukto dhṛityātmānaṁ niyamyā cha!

śhabdādīn viśhayān tyaktvā rāga-dveṣha vyudasya cha!! Ch18 V51

Viviktasevī laghvāśhī yata vākkāya mānasaḥ!

Dhyāna yoga paro nityaṁ vairāgyaṁ samupāśhritaḥ!! Ch18 V52

Ahankāraṁ balaṁ darpaṁ kāmaṁ krodhaṁ parigrahaṁ

vimuchya nirmamaḥ śhānto brahma bhūyāya kalpate Ch18 V53

One becomes fit to attain paramathma, when he or she possesses a purified intellect and firmly restrains the senses, abandoning sound and other objects of the senses, casting aside attraction and aversion. Such a person relishes solitude, eats lightly, controls body, mind, and speech, is ever engaged in meditation, and practices dispassion. Free from egotism, violence, arrogance, desire, possessiveness of property, and selfishness, such a person, situated in tranquility, is fit for union with paramathma

Ananyā śhchintayanto māaṁ ye janāḥ paryupāsate!

teṣhāṁ nityābhilyuktānāṁ yoga-kṣhemaṁ vahāmyaham!! Ch9 V22

Those who always think of Paramathma and engage in utmost devotion onto him. To them, whose minds are always absorbed onto Paramathma. The paramathma will bless them with all greatness and protect them from all dangers.

So, at all times keep chanting “om sri paramathmane namaha” with the belief that Paramathma will take care of all my needs and fears and sincerely keep doing what we need to do, everything will be taken care by him, what do we need more than this?

Yatra yogeshwarah krishno yatra paartho dhanurdharah!

Tatra sreervijayo bhootih dhruvaa neetirmatirmama!! *Ch18 V78*

For a life filled with happiness, peace, righteous victory, prosperity, glory and to attain moksha, worship, read, understand and practice Srimad Bhagavad Gita.

Everyone should see Srimad Bhagavad Gita as the manifestation of paramathma and with utmost devotion should read, understand and practice the principles of Srimad Bhagavad Gita to make most use of this life and to lead the life with health, wealth, peace and happiness

Gita Jayanthi

The months *Sravana* and *karthika* are revered as sacred months. Pooja and worships are carried out in these months. In Srimad Bhagavad Gita, Bhagavan says

masanam margashirsha aham *Ch10 V35*

Of all the months I am margashirsha says the paramathma

So, every day in the month of Margashirsha is sacred, also the greatest gift to mankind Srimad Bhagavad Gita was given to us in the month of margashirsha. Hence every day in the sacred month one should recite the paramathma prayer and perform Gita Aradhana and chant Srimad Bhagavad Gita slokas, those who do these in the month of

margashirsha will be blessed with health, wealth, peace and prosperity says mahatmas and maharishis.

From the beginning of the Margashirsha month (padyami) till the last day of the month (Amavasya – new moon day), every day in every home recite the paramathma prayer and perform Gita Aradhana and chant the slokas. Those who can't perform Gita Aradhana the whole Margashirsha month can perform it from the beginning of the month (padyami) till Gita Jayanthi (Ekadashi) for 11 days. Those who can't perform even for 11 days can perform Gita Aradhana and chant Gita slokas on Gita Jayanthi and receive the blessings of the almighty.

Everyone wants redemption from all the sins, bypass all *doshas*, (obstacles) and get rid of grief and wants to live life happily, peacefully, satisfactorily and attain the ultimate goal of human life, the moksha (liberation). For fulfillment of this purpose Shri Veda Vyasa Maharshi, on the auspicious day of Margashirsha shukla ekadasi bestowed Srimad Bhagavad Gita to mankind for their salvation as that being the essence of all Vedic, Upanishadic and Puranic teachings.

This day is celebrated as "Gita Jayanthi" (The advent of Gita).

The holy text in the form of Srimad Bhagavad Gita, the ultimate wisdom, the essence of all Upanishads is helpful for humans to attain their ultimate goal. Therefore, human beings must rejoice and never forget this day. Gita Jayanthi is the most auspicious and the most sacred of all festivals.

Since time immemorial all Maharshi's, Mahatmas and yogis have been celebrating Gita Jayanthi as the most revered festival, by performing Gita Aradhana, Chanting the slokas of Bhagavad Gita and exchanging Gita Jayanthi wishes to each other. Their advice to everyone is to rejoice in its glory and celebrate Gita Jayanthi.

In this world, nobody would have ever heard or seen a festival celebrated for the birth of a book. It is a marvel, there is no surprise that this specialty and respect are due only to Srimad Bhagavad Gita.

Celebrating Gita Jayanthi is our traditional duty. With the utmost faith that Srimad Bhagavad Gita is the manifestation of *Paramatma* himself, we should celebrate Gita Jayanthi by performing *Gita Aradhana*. This alone demonstrates our faith and devotion to The Lord.

We should never forget that we are the heirs to this wealth of knowledge, wisdom and tradition. We must duly pass on these to our future generations also. Therefore, every human being who has faith in God and Srimad Bhagavad Gita should continue this tradition. This is the utmost *seva (service)* one can perform to The Lord.

Hence, on Gita Jayanthi day every family should invite their friends, relatives, and neighbors to their home, and in their presence exhibiting utmost faith and devotion, must perform together with them *Gita Aradhana* with *Ashtottara Shatanamavali (108 names of Gita)*, chant slokas of Srimad Bhagavad Gita with utmost reverence and be blessed with health, wealth, peace and prosperity.

Subham bhuyat

Let our Determination be one!!!

Let our feelings be one!!!

Let our Thoughts be one!!!

Let our unity be strong!!!

Loka samasta sukino bhavantu

Om shanthi shanthi shanthi!!!